

Questions to ask my doctor about adding an ACE or ARB medication

Please print this page and discuss the following with your doctor during your next office visit.

Questions	Doctor response
<p>Is an ACE inhibitor or ARB medication right for me? How do they work?</p>	
<p>If it's not right for me, why?</p>	
<p>If starting a new medication:</p> <ul style="list-style-type: none"> ▪ Is it safe to take with my other medications? Are there any medications I should stop when I start this one? ▪ Are there any side effects I should be aware of? What should I do if I have any of these side effects? ▪ Is it the most cost-effective choice? For example, does it have the least expensive copay? Is a generic form available? ▪ What strength are you recommending? How many times a day do I need to take the medicine? ▪ What should I do if I miss a dose? ▪ Do I need to avoid alcohol or any particular foods while taking this medicine? 	

Optum provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional.